

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Anamosa Care Center



New Year's Day

	4	10:00 Let's Move Monday 2:00 Cooking Demo W/ Chef Jacob	5	9:30 Book Club 10:00 Winter Craft 1:00 Crocheting with Joy	6	10:00 Exercise 2:00 Catholic Church Service	7	9:30 Book Club 10:00 Coverall 2:00 Manicures	8	10:00 January Workbook 2:00 BINGO 3:00 Fit-O After BINGO	9	10
	11	10:00 Bible Study 11:00 Balloon Toss 2:00 Holiday Happy Hour	12	9:30 Book Club 10:00 Winter Snack 2:00 BINGO Bucks	13	9:30 Rosary & Communion WP 10:00 Exercise 2:00 Build a Snowman	14	9:30 Book Club 10:00 Craft Stick Snowflake 2:00 Polar Plunge Game	15	10:00 January Trivia 2:00 BINGO 3:00 Fit-O After BINGO	16	17
	18	10:00 Let's Move Monday 2:00 Movie & Snack	19	9:30 Book Club 10:00 Collect 4 Card Game 1:00 Crocheting with Joy	20	9:30 Rosary & Communion WP 10:00 Exercise 2:00 Birthday BINGO	21	9:30 Book Club 10:00 Northern Lights Craft 1:30 Lutheran Church Service	22	10:00 Winter Word Puzzles 2:00 BINGO 3:00 Fit-O After BINGO	23	24
	25	10:00 Bible Study 11:00 Balloon Toss 2:00 Baking Cookies	26	9:30 Book Club 10:00 Resident Council 2:00 BINGO Bucks	27	9:30 Rosary & Communion WP 10:00 Exercise 2:00 Snow Cones	28	9:30 Book Club 10:00 Travelogue: Anchorage, Alaska 2:00 Manicures	29	10:00 Hot Cocoa and Coloring 2:00 BINGO 3:00 Fit-O After BINGO	30	31
2:00 Movie & Snack Cart		Martin Luther King Jr. Day		Australia Day (Observed)								

Activities are subject to change.